



FLWEMS Paramedics Adult Protocol for the Management of:  
**RESTRAINTS**

**Indications**

1. Patient is a clear danger to self or others.
2. Patient verbalizes or demonstrates clear suicidal intentions, yet refuses intervention and transport.
3. Medically unstable patients requiring treatment and transport yet incapable of informed consent and refusing intervention.
4. Patients being transported by implied consent due to poor mentation who interferes with treatment modalities employed, i.e. pulling at ET or NG tubes.

**Procedure**

1. Employ law enforcement involvement unless the simple restraint of upper extremities as pertinent to indication #4 above.
2. Unless the need and appropriateness of restraint are indicated without question, contact ER attending physician for consultation.
3. If patient is in law enforcement custody, officer must accompany patient during transport.
4. Restraint device must not cause significant injury or undue discomfort to patient.
5. Restraint device will not be removed until medical necessity exists or care is turned over to receiving facility personnel.
6. Contact medical control for further orders as needed.

**CAIRA/Chemical Surety Considerations**

None

**Triage Considerations**

Refer to S.T.A.R.T. Triage Protocol

**END OF SOP – NOTHING FOLLOWS**